

## Anti-Bullying Charter

In our school, we believe that bullying is:

Constant and regular – it happens several times

Planned in advance and 'on purpose'

Wanting to cause harm to a person

We use the word STOP to help us decide whether it is bullying:

Several Times On Purpose

An act of bullying could be:

Verbal – Saying unkind things,

Physical – Kicking, pushing, hitting

Emotional – Not letting another person join in, excluding somebody on purpose

<u>'Teasing'</u> is when you try and get a reaction from somebody else – anger, embarrassment or worry. Therefore it can be a form of bullying.

<u>'Banter'</u> is a form of teasing and it could be bullying if it is intended to make somebody upset or angry. 'Banter' can sometimes be impolite and inappropriate.

A 'Joke' is something that should be funny to **all** people in the conversation and it is not teasing! A joke is not a form of bullying.

**Bullying is not:** 

An incident in the 'heat of the moment'

A fall-out

A disagreement or difference of opinion

An accident

## IF YOU ARE BEING BULLIED OR IF SOMEBODY IS UNKIND TO YOU:

Press the STOP button on the website – Mr. Smith will get an email alert, he may speak to your parents

Complete a 'Pupil Voice' sheet and pass to a member of staff

Tell a member of staff in school

Tell your parents